



**BIRTH TO TEN: 1990
PSYCHOLOGICAL QUESTIONNAIRE
6 MONTHS**

Today's Date

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BTT ID

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CHILD'S NAME: _____

SURNAME: _____

INTERVIEWER: _____

WHO PROVIDED THE INFORMATION: _____

WHAT IS THE RELATIONSHIP OF THE INFORMANT TO THE CHILD? _____

1. Does someone other than yourself take care of your baby on a regular basis? {1} {2} {3} {4} {5} {6}
1=Yes 2=No

2. [If Yes] Who? {1} {2} {3} {4} {5} {6}
1=Older female family member 2=Sib or other youngster
3=Paid childminder in your home 4=Paid outside childminder
5=Crèche

3. [If Yes] How many hours a day? {1} {2} {3} {4} {5} {6}
1=>8 Hours 2=6-8 Hours
3=3-6 Hours 4=<3Hours a day

4. [If Yes] How old was the baby when child was put in their care? {1} {2} {3} {4} {5} {6}
1=<2 Months old 2=2-4 Months old
3=4-6 Months old

5. [If child is in regular paid care] How much do you pay a month? {1} {2} {3} {4} {5} {6}
1=<R30 per month 2= R30- R60 per month
3=R61-R100 per month 4=>R100 per month

6. [If yes to 1.] Are you happy with these regular daily child care arrangements? {1} {2} {3} {4} {5} {6}
1. Yes 2. No

7. [If not happy] Why? Not happy with: {1} {2} {3} {4} {5} {6}
1. Time or distance 2.Cost
3. Food and feeding 4. Health or hygiene
5. Emotional Care 6. Other

8. Some mothers are concerned that their babies may be negatively affected by being cared for by someone else, how do you feel? {1} {2} {3} {4} {5} {6}
1. Concerned 2. Bit of both
3. Unconcerned 4. Not thought about it

9. [If mother employed] Have you gone back to work because you have to financially, or because your work is important to you personally-or a bit both? {1} {2} {3} {4} {5} {6}
1. Financial 2. Bit of both
3. Personal
10. Who has given you the most help with your baby up to now? {1} {2} {3} {4} {5} {6}
1. Father of child 2. Mother's mother/ in -law
3. Other family member 4. Friend
5. Clinic staff
11. In an emergency, is there someone you trust who would be able to look after your baby for you? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
- 12.[If yes] Who? {1} {2} {3} {4} {5} {6}
1. Father of child 2. Family
3. Friends 4. Other
13. Does the baby's father help, you to take care of the baby, by looking after the child, bathing and dressing the baby, and so on? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
14. [If yes] How often? {1} {2} {3} {4} {5} {6}
1. Most days 2. Once a week
3. Once a month 4. Almost never
15. Is the child's father contributing financially to the child's upbringing? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
16. Given the father's circumstances, are you happy with his contribution? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
- 17.Do you have any friends with children about the same age as your baby? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
18. For how many years have you lived in your neighborhood? {1} {2} {3} {4} {5} {6}
- 1.=<1 Year 2.= 1-3 years
3.=>3 Years
19. [If motherhood employed] Is your employer sympathetic about your child care responsibilities? {1} {2} {3} {4} {5} {6}
1. Yes 2. No

20. During the last week how have you felt generally? {1} {2} {3} {4} {5} {6}
- | | |
|------------------------------|------------------------------|
| 1. Fine/ Happy | 2. Inconsistent/ Bit of both |
| 3. Neutral, not happy or sad | 4. Unhappy/ Depressed |
21. Is this generally how you have been feeling since you had your baby? {1} {2} {3} {4} {5} {6}
- | | |
|------------------------------|------------------------------|
| 1. Consistently happy | 2. Inconsistent/ Bit of both |
| 3. Neutral, not happy or sad | 4. Consistently unhappy |
22. Looking back, do you feel that having a baby was the right thing to do at this time? {1} {2} {3} {4} {5} {6}
- | | |
|-------------------------|---------------------|
| 1. Definitely yes | 2. Sometimes yes/no |
| 3. Not thought about it | 4. Definitely no |
23. When a woman has a child to look after, in what way does her life change, does it become better or worse? {1} {2} {3} {4} {5} {6}
- | | |
|-------------------------|----------------------------|
| 1. Better | 2. Sometimes better/ worse |
| 3. Not thought about it | 4. Worse |
24. Why do you say this? {1} {2} {3} {4} {5} {6}
-
-
25. Have you had any persistent problems/worries with this baby? {1} {2} {3} {4} {5} {6}
- | | |
|--------|-------|
| 1. Yes | 2. No |
|--------|-------|
26. [If yes] What are they? {1} {2} {3} {4} {5} {6}
-
-
27. How have things been with your husband/ partner since the baby was born? {1} {2} {3} {4} {5} {6}
- | | |
|-------------------------|----------------------------|
| 1. Better | 2. Sometimes better/ worse |
| 3. Not thought about it | 4. Worse |
28. How do you feel about how you are managing or coping with your baby? {1} {2} {3} {4} {5} {6}
- | | |
|-------------------------|----------------------------|
| 1. Proud/Competent | 2. Inconsistent/Sometimes |
| 3. Not thought about it | 4. Overwhelmed/ Inadequate |
29. How did you learn how to care for your baby (or your first baby)? Who taught you, or who helped you the most? {1} {2} {3} {4} {5} {6}
- | | |
|--------------------------|----------------------------|
| 1. Mother /Mother figure | 2. Friend/ Sister |
| 3. Husband/ Partner | 4. Clinic |
| 5. Books/ Media | 6. Self-taught, just tried |
30. What do you think are some of the things a mother can do to {1} {2} {3} {4} {5} {6}

help her baby's development in the first six months of life?

31. Some babies cry a lot and some a little. Why do you think this is so? {1} {2} {3} {4} {5} {6}
-
-
32. Do you think it's true that only a mother can really comfort her child when he/she is distressed? {1} {2} {3} {4} {5} {6}
1. Not true
 2. Sometimes think so
 3. Not thought about it
 4. True
33. Does anyone in your home read the newspaper or books? {1} {2} {3} {4} {5} {6}
1. Yes
 2. No
34. Have you bought or made any toys for your child? {1} {2} {3} {4} {5} {6}
1. Yes
 2. No
35. [If yes] What? [Ask for 2 examples] {1} {2} {3} {4} {5} {6}
-
-
36. How often do you take the baby out with you to the shops, visiting, etc.? {1} {2} {3} {4} {5} {6}
1. Most days
 2. About once a week
 3. About once a month
 4. Almost never
37. What sorts of things have you tried to teach your baby up to now (no prompts)? {1} {2} {3} {4} {5} {6}
1. Sitting
 2. Take objects
 3. Clappa handies
 3. Respond to their name
 5. Other
38. How does your baby react when you have to leave child with someone else that the child knows little, like a friend? {1} {2} {3} {4} {5} {6}
1. Cries inconsolably for a long time
 2. Protests a little and then settles
 3. Doesn't really show much reaction either way
 4. Usually adapts well to the other person
 5. Haven't had an opportunity to observe child's reactions
39. Does your baby sleep through (about 6 hours) most nights? {1} {2} {3} {4} {5} {6}
1. Yes
 2. No
40. [If no] About how often does the child wake? {1} {2} {3} {4} {5} {6}
1. Once or twice
 2. Three times or more
41. Are you happy with your baby's feeding pattern? {1} {2} {3} {4} {5} {6}

1. Yes

2. No

42. Does your baby have the problem of spitting out or throwing up food/milk? {1} {2} {3} {4} {5} {6}

1. Yes

2. No

43. Was your baby colicky in the first 3-4 months, that is, have regular, long bouts of inconsolable crying, seemingly accompanied by cramps? {1} {2} {3} {4} {5} {6}

1. Yes

2. No

44. [If yes] What did you do about it? {1} {2} {3} {4} {5} {6}

45. How many teeth does your baby have now? {1} {2} {3} {4} {5} {6}

1. None

2. One

3. More than one

46. Does your baby get sticky / irritable when teething? {1} {2} {3} {4} {5} {6}

1. Yes

2. No

47. How do you react to most of these kinds of child problems? {1} {2} {3} {4} {5} {6}

1. Takes it in her stride

2. Doesn't think about it

3. Gets ruffled but copes

4. Gets overwhelmed/ cries

5. Gets angry with baby

I am going to read you some descriptions of a baby of the same age as your child.

I'd like you tell me if the description is a lot like your child, not really like your child, or very different from your child

48. My child is generally very easy to soothe and comfort. {1} {2} {3} {4} {5} {6}

1. Very like

2. Not really

3. Very unlike/ different

49. My child generally sleeps at about the same time every day. {1} {2} {3} {4} {5} {6}

1. Very like

2. Not really

3. Very unlike/ different

50. From the beginning, has been fussy and cried a lot. {1} {2} {3} {4} {5} {6}

1. Very like

2. Not really

3. Very unlike/ different

51. If my baby fusses, I can tell what's bothering him/ her. {1} {2} {3} {4} {5} {6}

1. Very like

2. Not really

3. Very unlike/ different

52. My baby usually smiles and laughs during his/ her bath. {1} {2} {3} {4} {5} {6}

1. Very like

2. Not really

3. Very unlike/ different

53. My baby is very easily upset, starts to cry very easily. {1} {2} {3} {4} {5} {6}
 1. Very like 2. Not really
 3. Very unlike/ different
54. My baby's initial reaction to most people is friendly. {1} {2} {3} {4} {5} {6}
 1. Very like 2. Not really
 3. Very unlike/ different
55. When my baby gets cross he/she shows anger very strongly. {1} {2} {3} {4} {5} {6}
 1. Very like 2. Not really
 3. Very unlike/ different
56. My baby is very cooperative and easy while being dressed. {1} {2} {3} {4} {5} {6}
 1. Very like 2. Not really
 3. Very unlike/ different
57. I generally find my baby's personality very difficult to deal with. {1} {2} {3} {4} {5} {6}
 1. Very like 2. Not really
 3. Very unlike/ different

["x " =the child's name]

58. Can "x" seem to tell the different when you speak in an angry tone of voice? {1} {2} {3} {4} {5} {6}
 1. Yes 2. No
59. Can "x" tell the difference when you make an angry face? {1} {2} {3} {4} {5} {6}
 1. Yes 2. No
60. Can "x" feed self something solid. Like a piece of bread biscuit, or a piece of apple? {1} {2} {3} {4} {5} {6}
 1. Yes 2. No
61. Does "x" squeal with delight when things please him/ her? {1} {2} {3} {4} {5} {6}
 1. Yes 2. No
62. Does "x" explore things by putting his/ her fingers into holes in objects, bottles etc.? {1} {2} {3} {4} {5} {6}
 1. Yes 2. No
63. Does "x" imitate sounds that adults make, like coughs, sneezes clicks etc./ {1} {2} {3} {4} {5} {6}
 1. Yes 2. No

RATING OF MOTHER:

64. Mother's tone of voice toward baby {1} {2} {3} {4} {5} {6}
- | | |
|-------------------------|------------------|
| 1. Very warm/ Loving | 2. Warm/ Kind |
| 3. Unemotional/ Neutral | 4. Distant/ Cold |
| 5. Angry/ Hostile | |
65. Mother's attitude towards child {1} {2} {3} {4} {5} {6}
- | | |
|----------------|------------|
| 1. Accepting | 2. Neutral |
| 3. Unaccepting | |
66. Mother's skill in caretaking {1} {2} {3} {4} {5} {6}
- | | |
|-----------------------|------------|
| 1. Very skillful | 2. Neutral |
| 3. Unskillful/ Clumsy | |
67. Amount of physical contact mother makes with child {1} {2} {3} {4} {5} {6}
- | | |
|---------------------------------------|-------------|
| 1. Often | 2. Frequent |
| 3. "Part-of-the-job"/"Matter-of-fact" | 4. Seldom |
| 5. Never | |
68. Amount mother speaks to child {1} {2} {3} {4} {5} {6}
- | | |
|---------------------------------------|-------------|
| 1. Often | 2. Frequent |
| 3. "Part-of-the-job"/"Matter-of-fact" | 4. Seldom |
| 5. Never | |
69. What mother says to her child, is {1} {2} {3} {4} {5} {6}
- | | |
|------------------------|------------|
| 1. Loving/ Encouraging | 2. Neutral |
| 3. Critical/ Angry | |
70. Amount mother and child make eye contact during the assessment {1} {2} {3} {4} {5} {6}
- | | |
|---------------------------|-------------|
| 1. Often | 2. Frequent |
| 3. "Part-time-of-the-job" | 4. Seldom |
| 5. Never | |
71. How responsive did you think the mother was to child's distress: {1} {2} {3} {4} {5} {6}
- | | |
|-----------------|------------|
| 1. Responsive | 2. Neutral |
| 3. Unresponsive | |
72. How responsive was the mother to the child's social expressions: {1} {2} {3} {4} {5} {6}
- | | |
|-----------------|------------|
| 1. Responsive | 2. Neutral |
| 3. Unresponsive | |
73. How responsive was mother to the child's physical needs: {1} {2} {3} {4} {5} {6}
- | | |
|-----------------|------------|
| 1. Responsive | 2. Neutral |
| 3. Unresponsive | |
74. How restrictive do you think the mother was to the child's {1} {2} {3} {4} {5} {6}

exploratory behaviour?

1. Unrestrictive

3. Restrictive

2. Neutral