



**BIRTH TO TEN: 1990  
PSYCHOLOGICAL QUESTIONNAIRE  
1 YEAR**

Today's Date 

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BTT ID 

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CHILD'S NAME: \_\_\_\_\_

SURNAME: \_\_\_\_\_

INTERVIEWER: \_\_\_\_\_

WHO PROVIDED THE INFORMATION: \_\_\_\_\_

WHAT IS THE RELATIONSHIP OF THE INFORMANT TO THE CHILD? \_\_\_\_\_

1. Does someone other than yourself take care of your baby on a regular basis? {1} {2} {3} {4} {5} {6}  
1=Yes                      2=No

2. [If Yes] Who? {1} {2} {3} {4} {5} {6}  
1=Older female family member                      2=Sib or other youngster  
3=Paid childminder in your home                      4=Paid outside childminder  
5=Crèche    6=Other

3. [If Yes] How many hours a day? {1} {2} {3} {4} {5} {6}  
1=>8 Hours                                      2=6-8 Hours  
3=3-6 Hours                                      4=<3Hours a day

4. [If Yes] How old was the baby when child was put in their care? {1} {2} {3} {4} {5} {6}  
1=<2 Months old                                      2=2-4 Months old  
3=4-6 Months old

5. [If child is in regular paid care] How much do you pay a month? {1} {2} {3} {4} {5} {6}  
1=<R30 per month                                      2= R30- R60 per month  
3=R61-R100 per month                                      4=>R100 per month

6. [If yes to 1.] Are you happy with these regular daily child care arrangements? {1} {2} {3} {4} {5} {6}  
1. Yes    2. No

7. [If not happy] Why? Not happy with: {1} {2} {3} {4} {5} {6}  
1. Time or distance                                      2.Cost  
3. Food and feeding                                      4. Health or hygiene  
5. Emotional Care                                      6. Other

8. [If mother employed] Have you gone back to work because you have to financially, or because your work is important to you personally-or a bit both? {1} {2} {3} {4} {5} {6}  
1. Financial    2. Bit of both  
3. Personal

9. In an emergency, is there someone you trust who would be able to look after your baby for you? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
- 10.[If yes] Who? {1} {2} {3} {4} {5} {6}
1. Father of child 2. Family  
3. Friends 4. Other
11. Does the baby's father help, you to take care of the baby, by looking after the child, bathing and dressing the baby, and so on? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
12. [If yes] How often? {1} {2} {3} {4} {5} {6}
1. Most days 2. Once a week  
3. Once a month 4. Almost never
13. Is the child's father contributing financially to the child's upbringing? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
14. Given the father's circumstances, are you happy with his contribution? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
- 15.Do you have any friends with children about the same age as your baby? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
16. For how many years have you lived in your neighborhood? {1} {2} {3} {4} {5} {6}
- 1.=<1 Year 2.= 1-3 years  
3.=>3 Years
17. [If mother employed] Is your employer sympathetic about your child care responsibilities? e.g. can you take time off to take child to be immunized? {1} {2} {3} {4} {5} {6}
1. Yes 2. No
18. During the last week how have you felt generally? {1} {2} {3} {4} {5} {6}
1. Fine/ Happy 2. Inconsistent/ Bit of both  
3. Neutral, not happy or sad 4. Unhappy/ Depressed
19. Generally, how have you have been feeling since you had your baby? {1} {2} {3} {4} {5} {6}
1. Consistently happy 2. Inconsistent/ Bit of both  
3. Neutral, not happy or sad 4. Consistently unhappy

20. Looking back, do you feel that having a baby was the right thing to do at this time? {1} {2} {3} {4} {5} {6}
1. Definitely yes
  2. Sometimes yes/no
  3. Not thought about it
  4. Definitely no
21. When a woman has a child to look after, in what way does her life change, does it become better or worse? {1} {2} {3} {4} {5} {6}
1. Better
  2. Sometimes better/ worse
  3. Not thought about it
  4. Worse
22. Why do you say this? {1} {2} {3} {4} {5} {6}
- \_\_\_\_\_
- \_\_\_\_\_
23. Have you had any persistent problems/worries with this baby? {1} {2} {3} {4} {5} {6}
1. Yes
  2. No
24. [If yes] What are they? {1} {2} {3} {4} {5} {6}
- \_\_\_\_\_
- \_\_\_\_\_
25. How have things been with your husband/ partner since the baby was born? {1} {2} {3} {4} {5} {6}
1. Better
  2. Sometimes better/ worse
  3. Not thought about it
  4. Worse
26. Does anyone in your home read the newspaper or books? {1} {2} {3} {4} {5} {6}
1. Yes
  2. No
27. Have you brought or made any toys for your child? {1} {2} {3} {4} {5} {6}
1. Yes
  2. No
28. (If yes) What? (ask for 2 examples) {1} {2} {3} {4} {5} {6}
- \_\_\_\_\_
- \_\_\_\_\_
29. How often do you take the baby out with you to the shops, Visiting, etc.? {1} {2} {3} {4} {5} {6}
1. Most days
  2. About once a week
  3. About once a month
  4. Almost never
30. What sorts of things have you tried to teach your baby up to now (no prompts)? {1} {2} {3} {4} {5} {6}
- \_\_\_\_\_
- \_\_\_\_\_

31. How does your baby react when you have to leave child with Someone else that the child knows a little, like a friend? {1} {2} {3} {4} {5} {6}
1. Cries inconsolably for a long time
  2. Protests a little and then settles
  3. Doesn't really show much reaction either way
  4. Usually adapts well to the other person
  5. Haven't had an opportunity to observe child's reaction

I'm going to read you some descriptions of a baby of the same age as Your child. I'd like you to tell me if the description is a lot like your child, Not really like your child, or very different from your child.

32. From the beginning, my baby has been fussy and cried a lot. {1} {2} {3} {4} {5} {6}
1. Very like
  2. Not really
  3. Very unlike/different

33. If my baby fusses, I can generally tell what's bothering him/her. {1} {2} {3} {4} {5} {6}
1. Very like
  2. Not really
  3. Very unlike/different

34. My baby usually smiles and laughs during his/her bath {1} {2} {3} {4} {5} {6}
1. Very like
  2. Not really
  3. Very unlike/different

35. My baby is very easily upset, starts to cry very easily. {1} {2} {3} {4} {5} {6}
1. Very like
  2. Not really
  3. Very unlike/different

36. My baby's initial reaction to most new people is friendly. {1} {2} {3} {4} {5} {6}
1. Very like
  2. Not really
  3. Very unlike/different

37. When my baby gets cross he/she shows anger very strongly. {1} {2} {3} {4} {5} {6}
1. Very like
  2. Not really
  3. Very unlike/different

38. My baby is very cooperative and easy while being dressed. {1} {2} {3} {4} {5} {6}
1. Very like
  2. Not really
  3. Very unlike/different

39. I generally find my baby's personality very difficult to deal with. {1} {2} {3} {4} {5} {6}
1. Very like
  2. Not really
  3. Very unlike/different

Rating of infant (according to codes given below)

40. Responsiveness to the examiner:

Avoiding/Withdrawn	Hesitant	Accepting	Friendly	Inviting						
1	2	3	4	5	{1}	{2}	{3}	{4}	{5}	{6}

41. Cooperativeness during testing session:

Refuses all	Refuses a few items	Accepts testing	Enjoys testing							
1	2	3	4	{1}	{2}	{3}	{4}	{5}	{6}	

42. Fearfulness during testing:

Very fearful	Slight vigilance	Bothered but settles	No fear							
1	2	3	4	{1}	{2}	{3}	{4}	{5}	{6}	

43. General emotional tone:

Unhappy throughout	Serious	Somewhat happy	Happy throughout							
1	2	3	4	{1}	{2}	{3}	{4}	{5}	{6}	

44. Interest in toys and other objects used in testing session:

No interest	Loses interest quickly	Interested	Very possessive							
1	2	3	4	{1}	{2}	{3}	{4}	{5}	{6}	

45. Persistence and goal-directedness:

No persistence	Gives up easily	Quite persistent	Won't give up							
1	2	3	4	{1}	{2}	{3}	{4}	{5}	{6}	

46. Activity, amount of gross body movement:

Very still	Little inactive	Moderate activity	Over-active							
1	2	3	4	{1}	{2}	{3}	{4}	{5}	{6}	